

Section on a specific subject from:

DATABOOK OF HAPPINESS

A complementary reference work to
Conditions of Happiness

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P2 PHYSICAL CHARACTERISTICS

P 2.1 Physical appearance see also E 2
 P 2.2 Physical health see H 2.1
 P 2.3 Various physiological characteristics

P 2.1 - PHYSICAL APPEARANCE

see also 'Ethnicity' (E 2)

LENGTH	4-point scale	Unaffected by sex: males : G' = +.11 (05) females: G' = +.08 (05)	HAPP 1.1	G'	+	Gt'	05	National adult population, U.S.A. Non-probability quota sample N: 2377, date: February, 1946	WESSM 56 p. 180-181
HEIGHT	Data obtained from hospital records	Open ward : r = -.23 (05) Closed ward: r = +.01 (ns)	AFF 5.1	r _{pm}	-			Institutionalized mentally retarded males, U.S.A. Non-probability chunk sample N: 149, date: —	PANDE 71 p. 329
WEIGHT	underweight / average / overweight; using standards relative to length		HAPP 1.1	G'	+.02	Gt'	ns	National adult population, U.S.A. Non-probability quota sample N: 2377, date: February, 1946	WESSM 56 p. 183
RELATIVE WEIGHT	Broca-index		HAPP 2.1	G	+.10	Chi ²	000	Male employees of age 40+, The Netherlands Non-probability chunk sample N: 13000, date: —	SONDE 75
WEIGHT	Data obtained from hospital records	Open ward : r = -.09 (ns) Closed ward: r = -.13 (ns)	AFF 5.1	r _{pm}	-		ns	Institutionalized mentally retarded males, U.S.A. Non-probability chunk sample N: 149, date:—	PANDE 71 p. 329
APPEARANCE	Rating by staffmembers on a 7-point scale ranging from 'very unattractive' to 'very good-looking'	Open ward : r = +.16 (ns) Closed ward: r = +.34 (01)	AFF 5.1	r _{pm}	+			See above	PANDE 71 p. 329
DESIRED PERSONAL CHANGES: PHYSICAL APPEARANCE, WEIGHT, SIZE, LOOKS	Open-ended question on desired personal changes other changes vs change mentioned	Computed for those who desire to change only (N = 1591)	HAPP 1.1	G'	+.05	Gt'	ns	National adult population, U.S.A. Non-probability quota sample N: 2377, date: February, 1946	WESSM 56 p. 211

P 2.2 - PHYSICAL HEALTH

see 'Physical Health' (H 2.1)

P 2.3 - VARIOUS PHYSIOLOGICAL CHARACTERISTICS

MENSTRUATION	Comparison of mean daily ratings on hedonic level with daily ratings prior to and during menstruation	Of the 19 women reporting menstrual periods, 14 had an 'average' hedonic level lower than their general mean during the two days prior to menstruation (05) and 8 of the 19 reached their most depressed periods of the entire 6-week study on these two days. (to be continued on next page)	AFF 3.1		-	t	05	Female college students, U.S.A. Non-probability chunk sample N: 21, date: ± 1960	WESSM 66/1 p. 63-64
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BEING PREGNANT	non-pregnant vs pregnant females	Eleven women also showed a lower 'average' hedonic level on the day the menstrual period commenced Computed for females only Twenty-two females were pregnant	HAPP 1.1	G	-.28	05	National adult population, The Netherlands Probability area sample N: 1376, date: June, 1968	VEENH 74 p. 500 BAKKE 74 p. 27
BLOOD PRESSURE	2-item index containing systolic and diastolic measurement		HAPP 2.1	G	-.02	Chi ² ns	Male employees of age 40-65, The Netherlands Non-probability chunk sample N: 13,000, date: —	SONDE 75
SERUM CHOLESTEROL LEVEL	Determination in laboratory, utilizing the Clark et al. (1968) method	During the two months of extensive training r_{pm} ranged from $-.70$ (01) at the first measurement before the training started, to $+.01$ (ns). 15 out of the 16 measurements demonstrated negative correlations (mean $r_{pm} = -.28$ (ns)).	AFF 3.3	r_{pm}	-.28	ns	Trainees on the U.S. Underwater Demolition Team, U.S.A. Probability sample N: 16-20, date: —	RAHE 71 p. 403
GALVANIC SKIN RESPONSE	Average deviation on a galvanometer in an experimental situation Ss were instructed to recall pleasant or unpleasant associations in connection with verbal stimuli. For each set of stimulus words the average deflection was used. less than 5° / 5° - 10° / more than 10° deflection	About half the sample was used here. For the cheerful Ss 93 averages were obtained, and for the depressed Ss 72 averages.	AFF 6	G'	+.51	Gt' 05	Female psychology students, U.S.A. Non-probability chunk sample, poststratified by temperament N: 67, date: —	WASHB 25 p. 455